



Kimberley
School

Physical Education

Sixth Form

**AQA A LEVEL
PHYSICAL
EDUCATION**

2017-2019

Make a Healthy Living

Sport & fitness is a huge industry... and you can be part of it. If you're keen on sport you can make a healthy living from your passion. Whether that's working for a football club, as a personal trainer at the local gym, or training to be a physiotherapist, there are lots of opportunities. From professional sport through to amateur teams and individuals who just want to get in shape, sport and fitness is a fast-growing business. Best of all, you could be in a career doing something that you love.

The UK is Sports Mad!

Every year more and more people take up sport. After what can only be said to be the golden period in British sporting history, we wish to inspire those to achieve what the likes of the British Olympians and Para-Olympians, Andy Murray (and the Great Britain Davis Cup Team) and the men's and women's England Rugby World Cup teams all achieved. Physical Education has never played such an important part in society. As somebody working in sports, you'll be riding the crest of a wave.

A Level PE Key Learning Topics

Subject Content:

- Applied anatomy and physiology
- Skill acquisition
- Sport and society
- Exercise physiology
- Biomechanical movement
- Sport psychology
- Sport and society and the role of technology in physical activity and sport

On Your Marks.....

The course assessment has 2 exams, each 2 hours in length, worth 35% of the final grade.

The first written paper covers

- Applied anatomy and physiology
- Skill acquisition
- Sport and society

The second paper covers:

- Exercise physiology & Biomechanical movement
- Sport psychology
- Sport and society and the role of technology in physical activity and sport

Practical assessment in one physical activity worth 30%.

Where Will Success Take Me?

The subjects you learn about will be invaluable at a personal level and will help you to be better at sport, no matter what your standard. This A Level also opens up a whole number of career options. Like sport scientist, physiotherapist, or working for a national governing body.

Will it Fit My Life?

PE goes well with other subjects. If you want a career in physical education you might also consider courses like Human Biology. But no matter what your career ambition, if you are passionate about sport, this course is great to take alongside other topics.

Can't Wait to Get Started?

Your Parents, PE Teacher and 6th Form Adviser will be the best people to talk to confirm whether PE is the right choice for you. They will be as passionate as you to find the best subject to develop your talents!



See any member of the PE Dept for further details.