



Personal Development

KS4
Curriculum Details

Year 10	Content	Parent / Carer Support
Exploring World Issues	International organisations, Aid and supporting other countries, Fairtrade, Peace, War and conflict, women's rights and equality, Me Too and Times Up movement's.	Discuss world issues with your child
Exploring British Values	Critical thinking and fake news, what is a cult? Exploring Britishness and British values, What are human rights? Exploring human rights.	Discuss issues with your child.
Rights and Responsibilities	Instagram generation, Targeted advertising and your data, marriage what is it? Rights and responsibilities, consumer rights, employment rights, Exploring a pay check.	Discuss issues with your child.
Warnings, Relationships and Sex Education.	Campaigning against FGM, Sending inappropriate images, Pornography, domestic abuse and violence, relationships, sexual abuse and rape, sexualisation and the media.	Be aware we are discussing sensitive issues.
Violence, Crimes and Seeking safety	Honour based violence, forced marriages, online gaming, social media validation, keeping data safe, modern day slavery, causes of knife crime.	Be aware we are discussing sensitive issues.
Mental health and Well-being	Child abuse, screen time and safe use of mobiles, common types of mental health, self harm, suicidal thoughts and feelings, promoting emotional wellbeing.	Be aware we are discussing sensitive issues.

Year 11	Content	Parent / Carer Support
Your future and beyond	Time management, post 16 routes, exam stress and relaxation, insta life vs real life, CV writing, writing a personal statement.	Discuss future plans with your child.
Staying Safe	Virtual reality and live streaming, drugs NPS, festivals, drugs and nitrous oxide, war on drugs, cosmetic surgery, substance addiction, online reputation & digital footprint.	Be aware we are discussing sensitive issues.
Sexual Health	Peer on peer bullying, fertility and what impacts it, alcohol and bad choices, importance of sexual health, revisiting contraception, revisiting STIs, respect and relationships.	Be aware we are discussing sensitive issues.
Adult health and looking after yourself.	Organ and blood donation, teenage pregnancy, abortion laws, morals and ethics, testicular and prostate cancer, cervical, breast and ovarian cancer, parenthood, love and abuse.	Be aware we are discussing sensitive issues.